
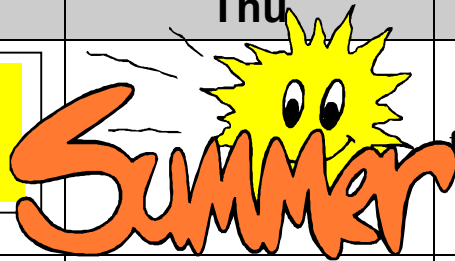


United Independent School District SUMMER PROGRAM 2010 Breakfast & Lunch Menu

Mon	Tue	Wed	Thu	Fri	
		<p>Breakfast: Orange Juice offered every Monday, Wednesday and Friday; Apple Juice offered every Tuesday and Thursday. All Meals include 1% Low Fat Milk (plain, chocolate, strawberry) or Skim Milk. *Condiments Menu is subject to change due to delivery of commodities and/or availability of food items</p>			<p>***Friday's Menu is only for Summer Program Sites that will be OPEN on FRIDAY***</p>
<p>July 26 Strawberry Pop Tarts Chicken Sticks Broccoli w/Cheese Oven-Baked Potato Wedges Frozen Mixed Fruit Cup * BBQ Sauce/Ketchup</p>	<p>July 27 Morning Sausage Roll Chicken Parmesan w/ Warm Italian Bread Italian Spaghetti Carrot Coins Chilled Sliced Pears</p>	<p>July 28 Mini Buttermilk Pancakes *Syrup Ham & Cheese Sandwich Multi-Grain Sun Chips Lettuce, Tomato & Pickle Salad Chocolate Chip Cookie * Mustard</p>	<p>July 29 Froot Loops Cereal Baked Chicken w/Warm Bread Fluffy Mashed Potatoes Green Beans GRIPZ Tiny Graham Cracker Bits *Gravy</p>	<p>*** July 30 Super Fortified Donut Fish Sticks w/Warm Bread Whole Kernel Corn Lettuce, Tomato & Pickle Salad Chilled Mixed Fruit * Fat Free Salad Dressing/Lemon Juice/Tartar Sauce</p>	
<p>August 2 Super Fortified Donut Breaded Steak Fingers Carrot Coins Macaroni & Cheese Frozen Low-Fat Yogurt Cup *Ketchup/Gravy</p>	<p>3 Waffle Stix *Syrup Crispy Cuban Pork Tacos Lettuce and Tomato Salad Spanish Rice Chilled Mixed Fruit * Spicy Salsa</p>	<p>4 Breakfast Sandwich Chicken Burger on a Wheat Bun Oven-Baked Tator Tots Lettuce, Tomato & Pickle Salad Sugar Cookie * Mustard/Ketchup</p>	<p>5 Frosted Flakes Cereal Country Fried Steak Green Beans Fluffy Mashed Potatoes Frozen Mixed Fruit Cup * Gravy</p>	<p>***6 Blueberry Nutri-Grain Bar Big Daddy's Pepperoni Pizza Lettuce, Tomato & Pickle Salad Broccoli Normandy Chilled Sliced Pears *Fat Free Salad Dressing</p>	
<p>9 Strawberry Pop Tarts Baked Chicken Nuggets Broccoli Normandy w/Cheese Oven-Baked Tator Tots Frozen Mixed Fruit Cup * BBQ Sauce/Ketchup</p>	<p>10 Morning Sausage Roll Italian Spaghetti w/Meatsauce & Warm Italian Bread Carrot Coins Lettuce, Tomato & Pickle Salad Chilled Sliced Pears *Fat Free Salad Dressing/Crackers</p>	<p>11 French Toast *Syrup Ham & Cheese Sandwich Multi-Grain Sun Chips Lettuce, Tomato & Pickle Salad Chocolate Chip Cookie * Mustard</p>	<p>12 Frosted Mini Wheats Chocolate Little Bites Cereal Oven-Fried Chicken w/Warm Bread Fluffy Mashed Potatoes Green Beans GRIPZ Tiny Graham Cracker Bits *Gravy</p>	<p>***13 Super Fortified Donut Fish Sticks w/Warm Bread Whole Kernel Corn Lettuce, Tomato & Pickle Salad Chilled Mixed Fruit * Fat Free Salad Dressing/Lemon Juice/Tartar Sauce</p>	